

Associazione I Colli di Coppi A.S.D. - Piazza Candido Cannavò, 2 - 15051 Castellania Coppi (AL)  
Affiliata AICS Alessandria - cod. 103110 - Registrata CONI n. 186517  
Partita IVA: 02367830060 - Cod. Fisc. 94023090064

**LaMITICA CICLOSTORICA**  
*STAGE OF THE "GIRO D'ITALIA D'EPOCA" – JUNE 28th-29th-30th, 2024*

**Sec. 1 - Date**

Sunday June 30th, 2024

**Sec. 2 – Start-Finish**

Castellania Coppi (Alessandria), Italy

**Sec. 3 – Courses**

LaMITICA has four different courses:

- **SHORT 55 km** long (total elevation gain 650 mt.) in GREEN colour
- **MEDIUM 72 km** long (total elevation gain 716 mt.) in PURPLE colour
- **LONG 90 km** long (total elevation gain 745 mt.) in DARK RED colour
- **HORS CATÉGORIE 100 km** long (total elevation gain 1.059 mt.) in PALE BLUE colour

Each participant has the right to choose the course among the four proposed. The choice may be indicated at registration. It's possible to change the type of course until the time of departure without any penalty for the participants. The courses are indicated by arrows with different colors but everyone must check the accuracy of the tracks on the personal "travel carnet". The maps of the courses can be downloaded from the website [www.lamitica.it](http://www.lamitica.it).

**Sec. 4 – Start**

The start is scheduled at **8:30 AM**.

**Sec. 5 – Registrations**

Registrations opens at 12:01 AM on **February 18th, 2024** and closes at 11:59 PM on **June 23th, 2024**. **Only the first 350 registrations receive the "race pack"** (a shopper bag with gadgets and local food products). From 351 onwards, with the registration you have the right to refreshments on the courses, to the showers service, to a meal voucher and to a gift from LaMITICA even if registered after the deadline of June 23th, 2024.

Registrations are available in Castellania Coppi, **Saturday June 29th** (from 3:00 PM to 6:00 PM) and **Sunday June 30th** (from 06:30 AM to 8:00 AM) without the guarantee of the "race pack" (if the number of registration is higher than 351). To participate need to download the registration form on the site [www.lamitica.it](http://www.lamitica.it), then send it fulfilled and signed to [info@lamitica.it](mailto:info@lamitica.it) with the bank payment receipt. The payment receipt and the registration form, with the signatures requested, must be received to the organization by e-mail in the days before the event. Failure to submit the documentation preclude the participation at LaMITICA. The registration fee before **June 23th, 2024** for foreigners is **€ 30.00** with insurance policy included, valid only for the day of the event. The registration fee Saturday, **June 29th** and Sunday **June 30th** is **€ 40.00** with insurance policy, valid only for one day and only for the event, included.

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### Sec. 6 – Admission parameters

Only cyclists with “heroic” bikes be allowed to participate. As for “heroic” bikes, they’re bikes with the following features: •racing bike built before 1987 (not for cyclo-cross or for time trials) •with steel frame (aluminium framed ones must be either ALAN or VITUS with the junctions tightened and glued together) •with gear levers on the oblique tube of the frame (only pre-1980 barends commands are allowed) •with pedals equipped with a footrest and a strap (any type of rapid release are not allowed, only Cinelli M71 pedals are allowed). Other bicycles with steel frames, recently made are allowed but they must have vintage features, and must have vintage components. Every gear is allowed on the freewheel. Exceptions are granted for disable people that specifically ask the organization. Participation is also allowed with other types of bikes as long as they are vintage, such as service bikes, postman bikes, work bikes in general, etc., with the exception of MTB (because they did not exist before 1985). Those who arrive accompanied with a non-compliant bicycle are not allowed. Participants under the age of 15 are not allowed. Participants between the ages of 15 and 18 will only be able to participate in the 55 km route, subject to parental authorization and only if accompanied by an adult along the route.

Direction reserves to not let in people with eccentric clothing or behaviour. During the event, non-registered cyclists cannot join the groups. In case of an accident they will be considered guilty for the damage. No registrations are accepted from participants disqualified by their Federations for doping or for any other reason. **LaMITICA** is an invitation-only event and the Organizer may, at any time and at its own will, without any obligation for other explanations, decide whether or not to accept any registration.

### Sec. 7 – Participation Fee

The registration fee, from the opening until **June 18th** (registrations deadlines) is **€ 30,00**; for the registrations directly in Castellania Coppi, **Saturday June 29th** and **Sunday June 30th**, the registration fee is **€ 40,00**.

The registration fee includes:

- the number to put on the back and the number for the bike frame;
- the personal “travel carnet” for the stamps control at the check points;
- refreshments on the four courses;
- the lunch “*Agnolotto Party*” after the arrival;
- showers after the arrival;
- shopper bag (*pacco gara*) with gift and local products (only for the first 350 registrations)
- participation to awards party.

### Sec. 8 – Terms of payment

Only this way of payments will be accepted:

- Bank Transfer to:

Associazione I Colli di Coppi A.S.D.  
c/o Banca d’Alba Credito Cooperativo S.C. Filiale di Tortona  
Largo Eugenio Borgarelli, 22 - 15057 Tortona (AL) Italy

**IBAN: IT40X085304867000000215512 BIC: ICRAITRREQO**

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• Only cash in Castellania Coppi **Saturday, June 29th** and **Sunday, June 30th**. Credit cards or others electronic ways to payment are not accepted.

Payments must be headed to:

ASSOCIAZIONE I COLLI DI COPPI A.S.D. – Piazza Candido Cannavò n. 2 – 15050 Castellania Coppi (Alessandria) Italy, carriage paid.

### **Sec. 9 – Confirmation of registration**

Registration can be considered completed only after paying the fee and after sending the requested data in the ways indicated in the previous points.

### **Sec. 10 – Replacements or forfeits**

No substitutions of participants or changes of registrations to the following year are allowed. If a participant is unable to be at the event he will have a refund only if, before June 23th, 2024, he will send a request via e-mail to **info@lamitica.it**, with: • Name, surname, telephone number and day on which the registration was sent • Copy of the payment receipt • Bank references on which you want to receive the refund.

### **Sec. 11 – Distribution of the numbers**

You have to show a valid ID card to retire your number, to verify birth date, payment and the subscription form, as well as to show to the organization the medical certificate (see Sec. 21 - Final Norm - point n. 4, and extracted the Regulation on the registration form). The number can be retired even by a third person only with presentation of a written mandate and the documents mentioned above.

### **Sec. 12 – Time limit, closure of the courses, assistance**

The time limit is set at 4:00 PM. Ambulances are present, with health assistance for the Medium, Long and Hors Catégorie courses and medical-car for the Short course. We do not provide mechanical assistance but we assure the presence of a broom wagon. Assistance by private means is allowed, but only if authorized by the organization.

### **Sec. 13 – Control stamps**

They're the only trial of the carried out course. They will be put on your personal "travel carnet" along the courses and on arrival.

### **Sec. 14 – Use of the helmet**

In this regard, the organization respect the text of the *AICS Technical Regulations* is reported: "*Chapter IV - CYCLING SPORTS AND CYCLING TOURISM ACTIVITIES - Section II: Cyclo sport and cycling tourism activities Sub V: vintage cycling events. Article 148: vintage cycling events*".

**ACCESSORIES:** In keeping with the spirit of the event, participants are invited to choose all the other accessories, like shoes, caps, water bottles, etc. As regards the use of the approved safety helmet, this is the only modern accessory whose use is permitted and strongly recommended. The use of transceiver devices is prohibited.

### **Sec. 15 – Complaints**

Complaints must reach the organization only via e-mail to **info@lamitica.it** within the 10 days after the end of the event.

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### **Sec. 16 – Informations**

Associazione I Colli di Coppi A.S.D.- Piazza Candido Cannavò n. 2 - 15051 Castellania Coppi  
(Alessandria) ITALY e-mail: [info@lamitica.it](mailto:info@lamitica.it) Website: [www.lamitica.it](http://www.lamitica.it)

### **Sec. 17 – Cancellation of the event**

If the event is canceled, there will be no refund of the registration fee.

### **Sec. 18 – Variations**

The organization reserves, in any moment, the right to change the regulation. The website [www.lamitica.it](http://www.lamitica.it) is the only official authority for informations of the event. All official messages are communicated via the website.

### **Sec. 19 – Characteristics of the event – cautions**

**LaMITICA** is a RIDE IN FREE EXCURSION on paved roads and white roads; the whole course is always be open to traffic and so all cyclist MUST RESPECT the Traffic Rules. You also must bring a repair kit.

### **Sec. 20 – Disqualifications**

Disqualifications applies for: -participants who use other's number and the non authorized assignment of their registration; -participants surprised on unauthorized detours -participants who do not maintain good behavior; - participants who throw garbage around outside of the spaces staged near the refreshments; In serious instances, the disqualification could last a lifetime. We address everyone's civic-mindedness to keep the whole course clean.

### **Sec. 21 – Final Norm**

By asking to participate to LaMITICA in any of the ways specified in this Regulation, each participant declare: •That he has read and approved the regulation and to accept every part. •To be aware that the event takes place on paved roads and with roads and all the roads is always open to traffic and therefore it's a MUST for all participants to respect the Traffic Laws. It also a must to carry a kit for puncture repairs. •To act as a guarantor of their behavior before, during and after the event. **•To have undergone a medical examination for the COMPETITIVE cycling practice (required for the LONG and HORS CATÉGORIE routes) and for the NON-COMPETITIVE cycling practice (required for the SHORT and MEDIUM routes) therefore to be in suitable physical conditions, as proven by the medical certificate issued at the end of the same and valid on the date of 30/06/24 and to be aware that Medical Certificates are not valid for other sports disciplines such as triathlon, duathlon, athletics, etc..**

**•To be aware that the participants older than or equal to 70 years old are allowed to participate in the SHORT, MEDIUM, LONG and HORS CATÉGORIE courses only if in possession of a regular and valid MEDICAL CERTIFICATE FOR COMPETITIVE CYCLING practice. (in compliance with the IMPLEMENTING RULES of the ITALIAN CYCLING FEDERATION – S.A.N. National Amateur and Cyclo-tourism Sector - CF 26/27 NOV 2022 – chapter 5.5).**

In case of failure to show the medical certificate to the organization, the participant assumes full responsibility for their statements and, by signing the registration form, indemnifies the organizers for any physical damage that may suffer as a result of his participation in the event.

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- That he agrees to use his personal data, even for commercial goals, under the law about privacy D.L.gs. 196 of the 30/06/2003 and European Union regulation on privacy 2017/679 (GDPR/18).
- Gives the organising the agreement to use, even for economic goals, all of his photos, videos shot during the days of the event, in every day it lasts, giving to the organization the ability to give said material to third parties.
- Authorizes the organization, in a free way, to use images, still and/or moving, depicting themselves, shot during the event, in every day it lasts. Such authorization to use their own image must be given for an indefinite period of time and without territorial limits in the whole world, for the purpose of publications and various videos, to only use as an exemplifying and non-limitative title. The organization will also give to third parties, and their institutional or commercial partners, the rights of use specified in this agreement. The organization declines any responsibility for accidents or damage done to people or things that would happen before, during and after the event of because of it. It also reserves to exclude cyclists that will have a rude behavior before, during and after the event.