

Associazione I Colli di Coppi – Piazza Candido Cannavò, 2 | 5051 Castellania (AL)  
www.lamitica.it info@lamitica.it collidicoppi@lamitica.it

## REGULATION LaMITICA CICLOSTORICA

Edition of the 100th anniversary of Fausto Coppi's birth - JUNE 29-30th, 2019  
STAGE 5 OF THE "GIRO D'ITALIA D'EPOCA"

STAGE 3 "BREVETTO DEI CAMPIONISSIMI-CICLOSTORICHE DEL NORD OVEST

### Sec. 1 - Date

Sunday June 30th, 2019

### Sec. 2 – Start-Finish

Castellania (Alessandria), Italy

### Sec. 3 – Courses

LaMITICA has four different courses:

**SHORT 53 km** long, (total elevation gain 840 mt.) in the colour GREEN;

**MEDIUM 70 km** long, (total elevation gain 843 mt.) in the colour PURPLE;

**LONG 88 km** long, (total elevation gain 885 mt.) in the colour DARK RED.

**HORS CATÉGORIE 98 km** long, (total elevation gain 1.058 mt.) in the color PALE BLUE

Each participant has the right to choose the route best suited among the three. The choice may be indicated at registration. It's possible to change the type of course until the time of departure without any penalty for the participants. The courses will be indicated by arrows but everyone will have to check the accuracy of the tracks on the personal "travel carnet". The map of the courses will be downloadable from the site [www.lamitica.it](http://www.lamitica.it) in the days before the event.

### Sec. 4 – Start

The start is scheduled at 8:30 AM.

### Sec. 5 – Registrations

Registration will open **February 20th, 2019** at 00:01 AM and will close **June 23rd, 2019** at 11:59 PM. **Only the first 350 registrations will receive the "pacco gara"** (a shopper bag with gifts and local products). From 351 onwards, with the registration, will have the right to the refreshments on the course, the shower service and a gift of the LaMITICA although registered over the deadline of June 23rd, 2019.

Registrations are available in Castellania, Saturday June 29th (from 4:00 PM to 6:00 PM) and Sunday June 30th (from 06:30 AM to 8:00 AM) without the guarantee of the "pacco gara" (if the number of registration is higher than 351). To participate you will only need to download the registration form on the site [www.lamitica.it](http://www.lamitica.it), then send it fulfilled to [info@lamitica.it](mailto:info@lamitica.it) with the payment receipt. The receipt of payment of the participant and the registration form with the signature must be received by e-mail to the organization in the days before the event. Failure to submit the documentation preclude participation at LaMITICA. The registration fee before **June 23rd, 2019** for foreigners is **€ 30.00** with insurance policy, valid only for one day and only for the event, included. The registration fee Saturday **June 29th** and Sunday **June 30th** is **€ 40.00** with insurance policy, valid only for one day and only for the event, included.

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## Sec. 6 – Admission parameters

Only cyclists with “*heroic*” bikes will be allowed to participate. As for “*heroic*” bikes, they’re bikes with the following features: •racing bike built before 1987 (not for cyclo-cross or for time trials) •with steel frame (aluminium framed ones must be either ALAN or VITUS with the junctions tightened and glued together) •with gear levers on the oblique tube of the frame (only pre-1980 barends commands are allowed) •with pedals equipped with a footrest and a strap (any type of rapid release are not allowed, only Cinelli M71 pedals are allowed). Other bicycles with steel frames, recently made are allowed but they must have vintage features, and must have vintage components. Every gear is allowed on the freewheel. Exceptions will be granted for disable people that specifically ask the organization. Other kind of vintage bicycles will only be accepted onto the 53 km course. (For example service bikes, mailman ones, work ones, stroll ones etc... with exclusion of MTB because built after 1985).

If someone presents himself with a non-compliant bicycle, he will not be admitted. Participants are not allowed under the age of 15 years. Participants whose age is from 15 to 18 years will only be allowed to participate only onto the 53 km course, with the approval of the parents and only if accompanied by an adult along the route. Direction reserves to not let in people with farcical clothing or behaviour. During the event not signed up cyclists will not be able to insert themselves in groups, penalty's separation.. In case of an accident they will be considered guilty for the damage. Subscriptions of members disqualified from their leagues because of doping or any other “appellation”. LaMITICA is an event by invitation and the Organization Committee will be able, in every moment and at his own will, without any obligation for other explanations, to decide if they want to accept or not any registering.

## Sec. 7 – Participation Fee – Insurance Policy

The registration fee, from the opening until June 23rd (registrations deadlines) is € 30,00; for the registrations directly at Castellania, Saturday June 29th and Sunday June 30th, the fee is € 40,00.

The registration fee includes:

- the number to put on the back and for the bike frame;
- the personal “travel carnet” for the stamps control at the various check points;
- refreshments on the three corse;
- lunch “*Agnolotto Party*” after the arrival;
- showers after the arrival;
- shopper bag (*pacco gara*) with gift and local products (only for the first 350 registrations)
- participation to final extraction awards

## Sec. 8 – Terms of payment

Only these ways of payments will be accepted

- Bank Transfer headed to: A.P.S. I Colli di Coppi  
at Banca Centropadana - Credito Cooperativo S.C.R.L. Corso Alessandria, 39  
15057 Tortona (AL) IBAN: IT37Y0832448670000000215512 SWIFT: ICRAITRR900
- Only cash in Castellania June 29th and June 30th. Credit cards are not accepted.

Payments must be headed to:

LaMITICA - I COLLI DI COPPI A.S.D. – Piazza Candido Cannavò n. 2 – 15050 Castellania (Alessandria) Italy, carriage paid.

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### **Sec. 9 – Completion of your subscription**

The subscription will be complete after having deposited the fee and after sending the payment receipt.

### **Sec. 10 – Replacements or forfeits**

Replacements are not allowed. If a signed up member is unable to participate at the event he will have a refund only if, before June 23rd, 2019, he will send a request via e-mail to [info@lamitica.it](mailto:info@lamitica.it), with: •Name, surname, telephone number and the day you registered your participation •Copy of the payment receipt •Bank references on which you want to receive the refund.

### **Sec. 11 – Distribution of the numbers**

You will have to show a valid ID card to retire your number, to verify birth date, payment and the subscription form, as well as to show to the organization the medical certificate (see. Sec. 21 - Final Norm - point n. 4, and extracted the Regulation on the registration form). The number on your back can be retired even by a third person only via presentation of a written mandate and the documents mentioned above.

### **Sec. 12 – Time limit, closure of the courses, assistance**

The time limit is set at 3:30 PM. An ambulance will be present, with health assistance for the medium and long courses and medical-car for the short course. We do not provide mechanical assistance. Assistance by private means is allowed, but only if authorized by the organization.

### **Sec. 13 – Control stamps**

They're the only trial of the carried out course. They will be put on your personal "travel carnet" along the route and on arrival.

### **Sec. 14 – Use of the helmet**

In merit we quote an article from the UISP ruling:

#### **Sec. 37 – HISTORIC ANNIVERSARIES – OLD CYCLE TOURING**

In such special events, you are allowed to use historical frames, traditional clothes, old accessories and clothes, on courses that have both tarred roads and white roads. The ruling of said old events can expect, for how many participate with old bikes and clothes, an exception to the use of rigid helmets. The organization and the participating's policy is similar to the rest of the UISP cycling activity.

### **Sec. 15 – Complaints**

Complaints must reach the organization only via e-mail [info@lamitica.it](mailto:info@lamitica.it), within the 10 days after the publication of the list of the arrived.

### **Sec. 16 – Informations**

LaMITICA – I Colli di Coppi A.S.D.- Piazza Candido Cannavò n. 2 - 15050 Castellania (Alessandria) ITALY e-mail: [info@lamitica.it](mailto:info@lamitica.it) Website: [www.lamitica.it](http://www.lamitica.it)

### **Sec. 17 – Cancellation of the event**

If the event were not to happen, you will not get a refund.

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### **Sec. 18 – Variations**

The organization reserves, in any moment, the ability to change the ruling. The website www.lamitica.it is the only official authority for informations of the event. All official messages will be declared on it.

### **Sec. 19 – Characteristics of the event – cautions**

LaMITICA is a RIDE IN FREE EXCURSION on paved roads and white roads; the whole course will always be open to traffic and so all cyclist MUST RESPECT the traffic rules. You also must bring a repair kit.

### **Sec. 20 – Disqualifications**

Disqualifications will be applies for: -contestants who use other's number on the back and the non authorized assignment of their registration; -contestants surprises on not allowed course deviations -contestants that do not keep a good behaviour; -contestants who throw garbage around outside of the spaces staged near the refreshments; In serious instances, the disqualification could last a lifetime. We address everyone's civic-mindedness to keep the whole course clean.

### **Sec. 21 – Final Norm**

By asking to participate to LaMITICA in any of the ways specified in this Regulation, each participant declare:

- That he has read and approved the regulations published on the website and to accept every part.
- To be aware that the event takes place on paved roads and white roads and all the roads is always open to traffic and therefore it's a MUST for all participants to respect the Traffic Laws. It also a must to carry a kit for puncture repairs.
- To act as a guarantor of their behavior before, during and after the event.
- To have undergone medical examination for practicing cycling and therefore to be in good physical condition, as proven by the medical certificate issued at the end of the same and valid on the date of 30/06/19. In case of failure to show the medical certificate to the organization, the participant assumes full responsibility for their statements and, by signing the registration form, indemnifies the organizers for any physical damage that may suffer as a result of his participation in the event.**
- That he agrees to use his personal data, even for commercial goals, under the law about privacy D.L.gs. 196 of the 30/06/2003 .
- Gives the organising the agreement to use, even for economic goals, all of his photos, videos shot during the days of the event, in every day it lasts, giving to the organization the ability to give said material to third parties.
- Authorizes the organization, in a free way, to use images, still and/or moving, depicting themselves, shot during the event, in every day it lasts. Such authorization to use their own image must be given for an indefinite period of time and without territorial limits in the whole world, for the purpose of publications and various videos, to only use as an exemplifying and non-limitative title. The organization will also give to third parties, and their institutional or commercial partners, the rights of use specified in this agreement. The organization declines any responsibility for accidents or damage done to people or things that would happen before, during and after the event of because of it. It also reserves to exclude cyclists that will have a rude behavior before, during and after the event.